

FEB - 6 2004

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 C.F.R. § 101.93

This notification is being filed on behalf of Neways, Inc., 2089 Neways Drive, Springville, UT 84663, which is the manufacturer of the product, which bears the statements identified in the Notification. This Notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling statements appears is Neways Be At Ease®.

The text of each structure-function statement for which notification is now being given is:

Statement 1: *Relieves common stress and promotes relaxation.*

The following summary identifies the dietary ingredient(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1.	<i>Valerian Root Extract</i> <i>Valerian Root</i>

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
1.	<i>Neways Be At Ease®</i>	<i>Label-560 Mg Each</i> <i>Label-100 Capsules</i>

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Page 2

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Neways Be At Ease®

I, Michael Cunningham, am authorized to certify this Notification on behalf of Neways, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Neways, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 2/10/04

By: M. Cunningham

Title: CEO